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CULTURAL eMAGAZINE

JUL 09 - 15, 2021

INK OCHI

VOL-1 ISSUE - 13

FIRST OF ITS KIND IN KERALA

13

Weekly collection

Umngot River

MEGHALAYA

- Art Gallery
- Ur Craft
- Amazing to know
- Book Review
- Coorg Recipe

online exhibition organised by: **INKstitute**

Wildlife Paintings

BIRDS SERIES BY: SOMENDRA SINGH

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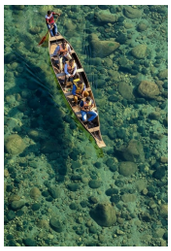
FIRST OF ITS KIND IN KERALA



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Editor's Note

COLLEGE STUDENTS MUST TRAVEL FOR SELF-IMPROVEMENT

Why is Travel Important?

As I write this, the world is in the midst of the second wave of the corona virus crisis. Travel is far below the level it was at back in 2019, and it'll be some time before it picks back up to pre-pandemic levels.

So, it feels a bit weird to write an article on the benefits of traveling and why travel is important. But, travel will make a comeback. When it does, health and safety risks will remain. Many fair-weather travelers may be hesitant to return to the skies, roads, rails, and seas.

However, traveling is important and its benefits far outweigh the risks involved. Sure, a travel experience easily makes you happier by getting you away from your daily grind. And, if you can get away from your parents, kids, freelance work, pets, homework, piano lessons, part-time job, studying for exams or any other things possibly weighing you down, that will definitely put a smile on your face, to say the least.

Travel Lets You Disconnect, Recharge & Reset

One of the best things you can do for your mental health every now and again, especially as a busy college student with an evening job or a young professional working 12-hour shifts, is to disconnect in order to recharge.

If traveling to another state or to a foreign country or experiencing a different culture doesn't sound like a true break from everyday life and its stressful situations, stay local or do a solo trip to someplace remote and serene. The important thing for your is to unwind. That's a health benefit and travel tip all rolled into one!

On the way you travel, **INKochi Cultural eMagazine** will definitely give you a better chance for relaxation.

Happy Reading...!!
Varghese T. Thomas

Art Gallery

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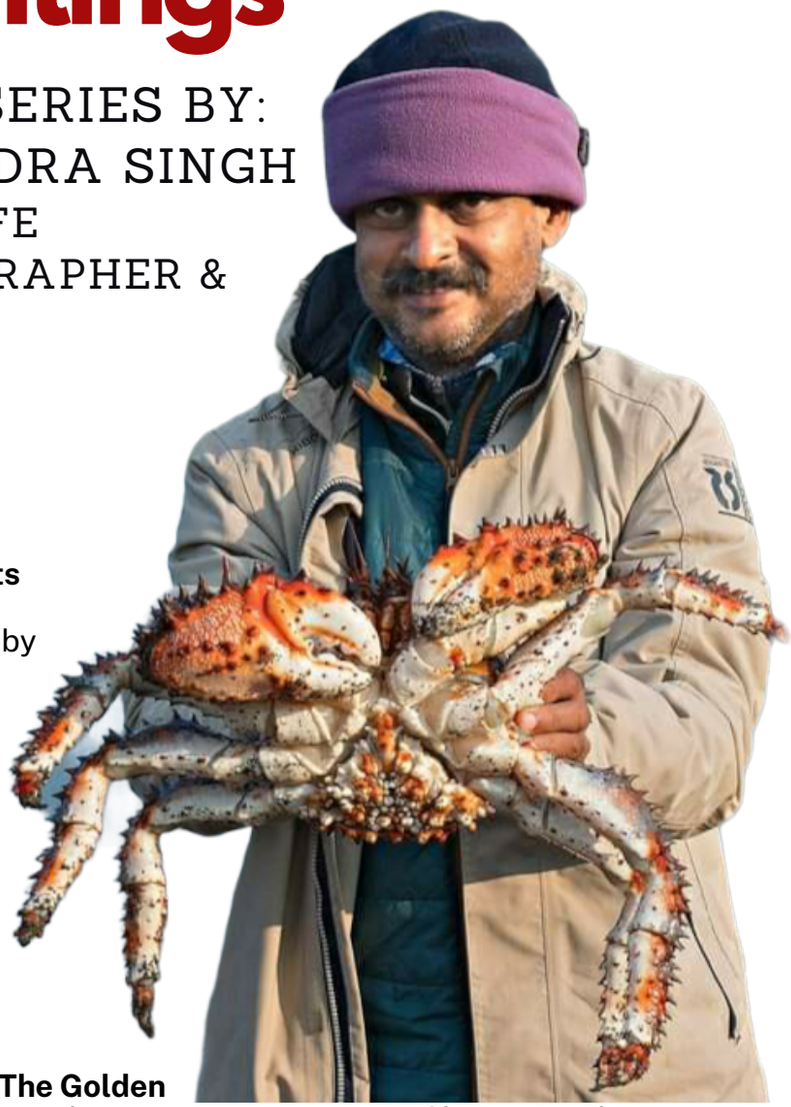
Wildlife Paintings

online exhibition organised by: INKstitute

BIRDS SERIES BY: SOMENDRA SINGH (WILDLIFE PHOTOGRAPHER & ARTIST)

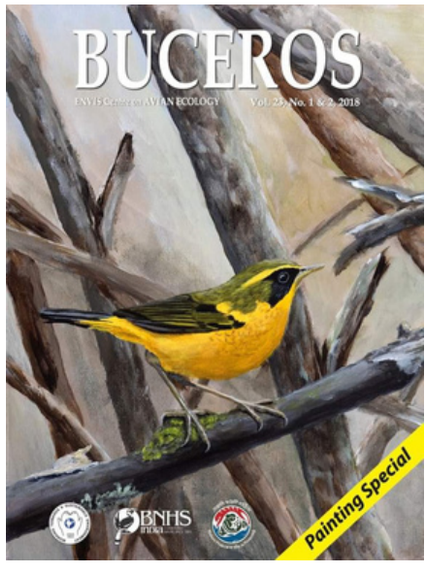
The Cheer Pheasant
(Catreus Wallichi)
Acrylic on Canvas 24x30"

A painting of the rare and elusive **White Throated Tits** (Aegithalos Niveogularis). This painting was inspired by a chance encounter with these birds on a winter trek to Yamunotri.

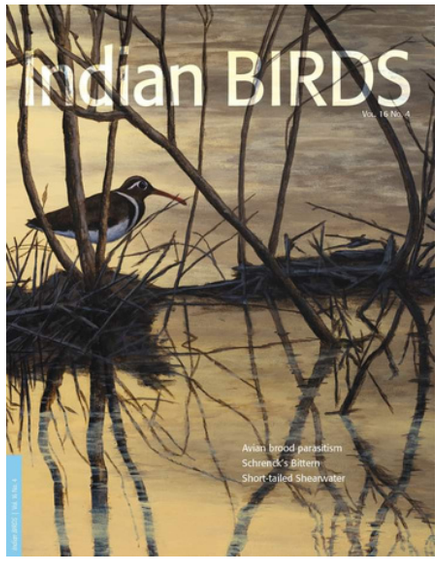


Indian Eagle Owl
Acrylic on Canvas 15x18"

This painting "**The Golden Bush Robin**" was chosen for the cover of BUCEROS



Chosen for the cover of INDIAN BIRDS



Wildlife Paintings

BIRDS SERIES BY:
SOMENDRA SINGH

online exhibition organised by: INKstitute

The Solitary Chukar
Acrylic on Canvas 15x18"

The Spot-winged Tit
Acrylic on paper 8x11"

Northern Pintail
Acrylic on paper 12.5x17"

Common Kingfisher
Acrylic on Canvas 19x23"

The White-bellied Redstart
Acrylic on Canvas 15x18"

Curlew Sandpipers
(Caldris Ferruginea)
in breeding plumage
Acrylic on Canvas 20x24"

The Dunlin (Calidris Alpina)
Acrylic on Canvas 14x20"

Wildlife Paintings

BIRDS SERIES BY:
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online exhibition organised by: INKstitute

Yellow-eyed Babblers
(Chrysomma Sinense)
Acrylic on paper 18.5x25"

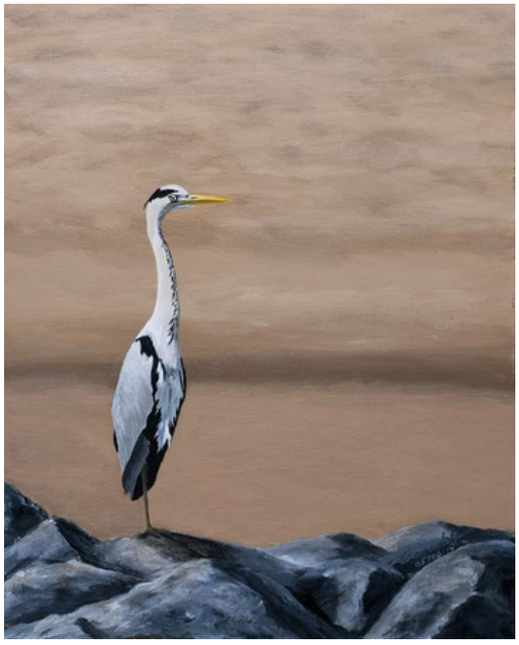
Beautiful Rosefinch
(Carpodacus Pulcherrimus)
Acrylic on canvas 21.5x29"

Beautiful Rosefinches
(Carpodacus Pulcherrimus)
Acrylic on canvas 18x24"

Golden Babbler
(Stachyris Chrysaea)
Acrylic on canvas 12.5x16"

Northern Pintail
Acrylic on paper 13x15"

Greylag Geese
Acrylic on paper 13x17"



Wildlife Paintings

BIRDS SERIES BY:
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Grey Heron
Acrylic on canvas 13.5x17"

The Peregrine
(Falco Peregrinus)
Acrylic on canvas 21x28.5"

A Geen-tailed Sunbird inspecting
Rhododendron blossoms
Acrylic on canvas 11x16"

The Common Snipe
Acrylic on paper 10x15"

Stripe-throated Yuhinas
Acrylic on canvas 12.5x16.5"

Black-faced Laughingthrush
(Garrulax affinis)
Acrylic on canvas 17x22"

Fire-fronted Serins
(Serinus Pusillus)
Acrylic on canvas 11x14"

The Long-billed Thrush
(Zoothera Monticola)
Acrylic on canvas 16.5x19"

online
exhibition
organised by:
INKstitute

Wildlife Paintings

BIRDS SERIES BY:
SOMENDRA SINGH

Brown Parrotbill
(Paradoxornis Unicolor)
Acrylic on canvas 11x13"

Dark-breasted Rosefinch
(Carpodacus Nipalensis)
Acrylic on canvas 9x10.5"

Juvenile Lagger Falcon
(Falcon Jugger)
Acrylic on canvas 18x22"

Wildlife, Book Review, Poem

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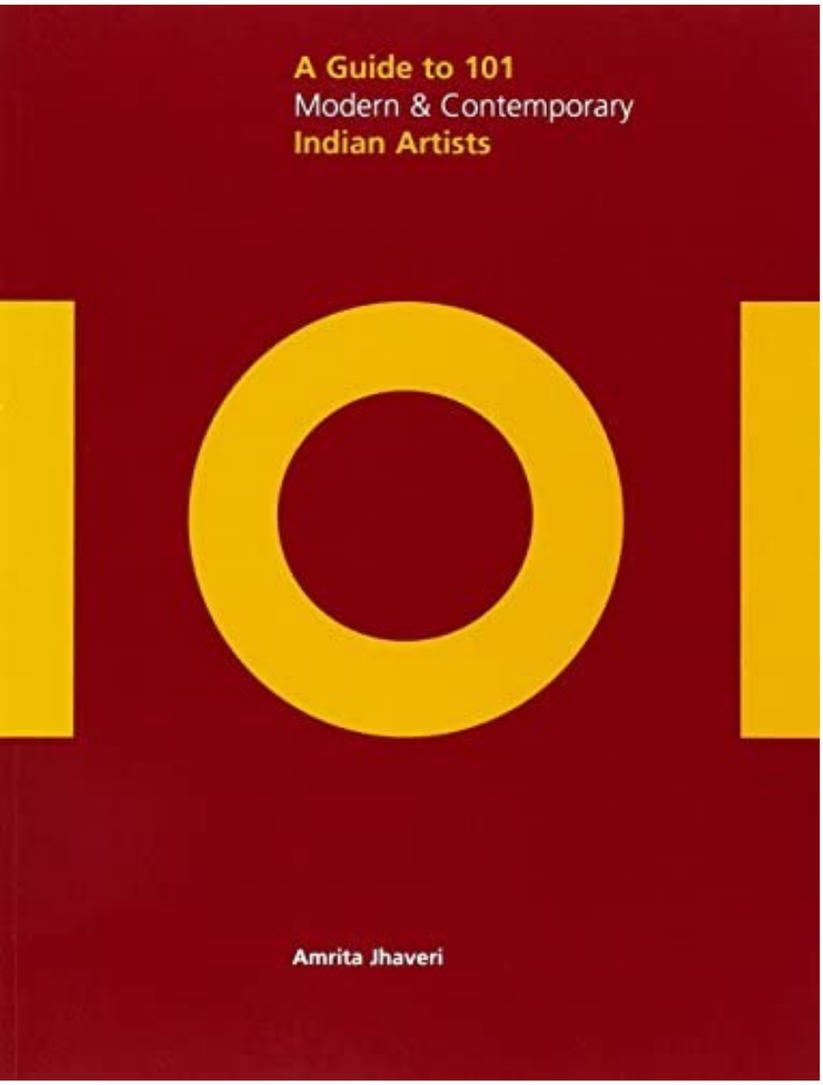


Book Review

BY: GOODREADS

Crisp, lively, and clearly written, this one-of-a- kind book concisely introduces 101 artists, painters, sculptors, photographers, and new media artists in India today. Illustrated with over 200 images assembled from public and private collections. A first of its kind guide to buying and collecting moderm and contemporary

POEM

Do not stand at my grave and weep :

Mary Elizabeth Frye

Do not stand at my grave and weep

I am not there. I do not sleep.

I am a thousand winds that blow.

I am the diamond glints on snow.

I am the sunlight on ripened grain.

I am the gentle autumn rain.

When you awaken in the morning's hush

I am the swift uplifting rush

Of quiet birds in circled flight.

I am the soft stars that shine at night.

Do not stand at my grave and cry;

I am not there. I did not die.

OneWeek
OneShot

By:
Aarzoo Khurana

After Meal....!

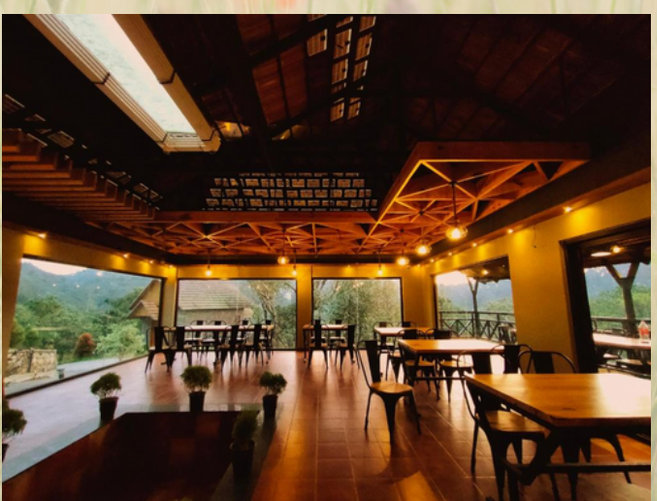
Clicked at Jim Corbett National Park.

2020.

Travel

Sponsored & Supported by:

The Wild Trails Munnar Resort



The Wild Trails Munnar Resort in Munnar features a restaurant and a garden. The property is around 11.3 km from Munnar Tea Museum, 16.1 km from Anamudi Peak and 19.3 km from Mattupetty Dam. The property is 19.3 km from Eravikulam National Park.

All rooms at the hotel are equipped with a seating area and a flat-screen TV. The rooms have an electric tea pot, while some have a balcony. Guest rooms include a desk.

A continental breakfast is served each morning at the property.

The nearest airport is Cochin International Airport, 62.8 km from The Wild Trails Munnar Resort.

We speak your language!

ADDRESS: Viripara,Mankulam Munnar Road Off Kallar Mankulam Road , Munnar, Kerala. PHONE: +91 8281947099

Just dream or fantasize about a River on which your boat does not floating on water but it just sail in the air in between of striking hills and crystal clear water which is creating an ocean like heaven around you?

Yes here in India, there is a Heavenly and Dreamy River in Dawki, in the Indian state of Meghalaya, on the India-Bangladesh Border which creates a fairytale of its own.

Umngot River

MEGHALAYA

Text & Photo:
Meghna Vimal

Umngot River

Dawki River or Umngot River is mediated as one of the cleanest rivers in India. According to the locals, in the clear weather, you can actually feel the view of boats sailing in the air and underneath is clearly visible.

The origin of this river is in India and after covering a huge area, it flows to Bangladesh.

The Umngot River has many colors, like it has Greenish emerald color in India but when it arrives in Bangladesh; it certainly changes its color to blue and creates a natural river border between both the countries.

Umngot River

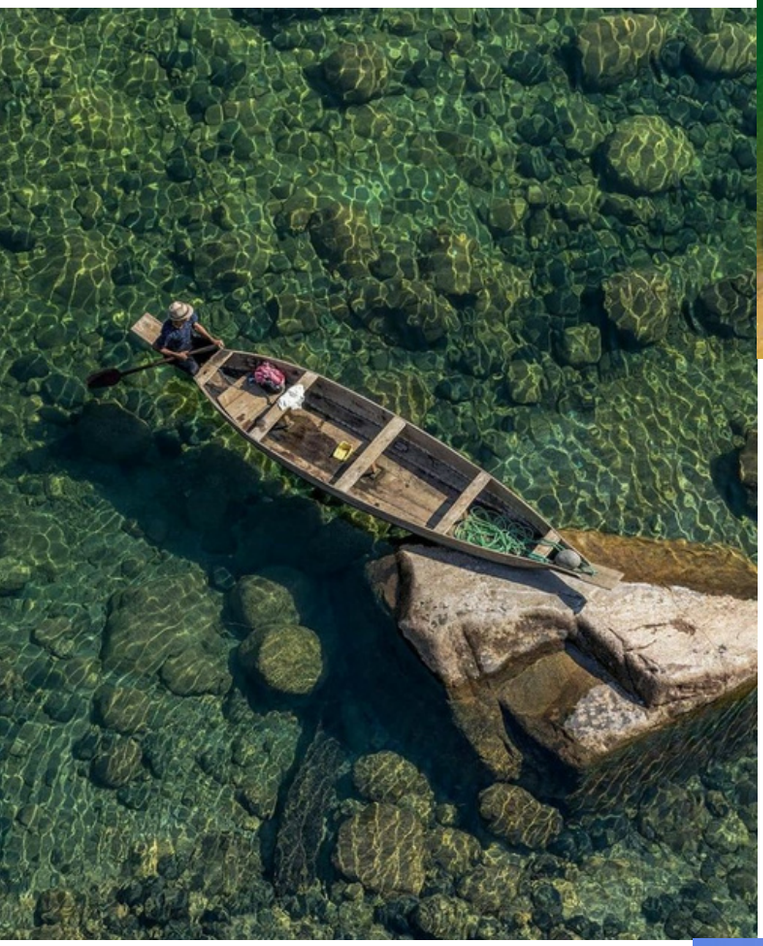
Meghalaya, aptly named as “Abode of the Clouds,” is a paradise in the hills! The lavish natural beauty of this Northeastern state surely takes one’s breath away and makes one want to settle down here. Blessed with gorgeous forests, mountains, valleys, caves, rivers and lakes.

One such natural wonder of Meghalaya lies at Dawki, which is known for its crystal clear blue water of the Umngot river, and possibly India’s cleanest river.

Dawki, a small border town in the West Jaintia Hills, with Bangladesh, is a popular destination for tourists and traders. Hundreds of trucks pass here every day between India and Bangladesh routes.

Umngot River

INKochi eMagazine | Jul 09-15, 2021
Vol-1 Issue-13



Located about 90 kms away from the state capital Shillong, a drive to Dwaki will pass through beautiful curvaceous roads that provide stunning views of valleys and waterfalls along the journey.

And what was truly spectacular was how magnificently clear the water was. You can literally see the bottom of the river bed and marine life. When seen from a distance, it appears as if the boat is floating in mid-air!

Hiring a boat for a short ride on this stunning river should be in the Must-Do list of any traveler and experience the stellar view. The boat rides are available at a nominal rate of INR 300 per boat.

Ur Craft, Heritage

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Ur Craft

When Queen Puabi was entombed, she was laid out with beautifully worked gold jewelry and appointments created by a range of Ur craftsmen. The necklaces, dating from about 2450 B.C., are made of carefully worked gold, silver, lapis, carnelian, and bitumen. Tinney noted that the people of Ur "had flocks of sheep to make wool to export" but imported virtually everything else.

Source: The Archaeologist

They basically brought the world to them and displayed it as a sign of their wealth and then were buried in it as another sign of their wealth," he said.
As with the Ram in a Thicket, Puabi's diadem is made largely from imported gold. Her cloak and headdress also featured huge amounts of precious and semiprecious stones woven into her garb in Ur's burgeoning workshops.

Ur goldsmiths shaped the pieces by hammering, chiseling, and punching. Sometimes molten gold was poured into casts. Special techniques — such as granulation and filigree — were employed to make the elaborate jewelry of Puabi.

"There is a general trajectory of increasing scope and size and complexity in the cities," said Tinney. Specialization kept increasing as individuals focused more and more on fulfilling the increasingly sophisticated needs of the wealthy.
Diadems of Puabi (2450 B.C.), Puabi was laid out for her journey to the underworld in headdress, golden necklaces, and cloaks weighing over 40 pounds.

Amazing to know

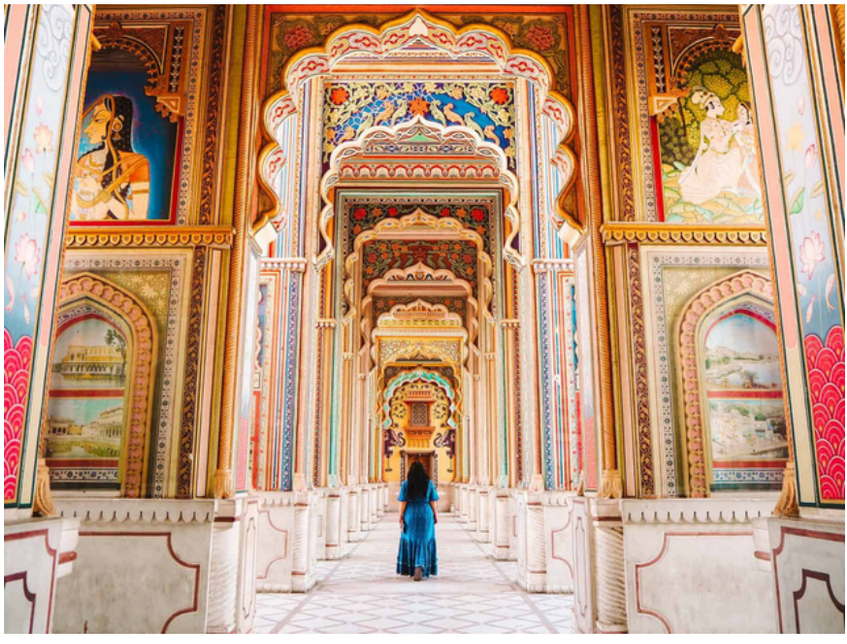
PATRIKA GATE
JAIPUR, RAJASTHAN

The Patrika Gate is an entranceway to the Jahawar Circle Park which, if you didn't know already, is the biggest circular park in Asia on a traffic signal!

As you walk under the gate, you'll find a row of fabulous archways. Each one has been decorated with Rajasthani culture in mind. It showcases major attractions in Jaipur, such as Jal Mahal, as well as colourful artwork.

You'll truly be mesmerised by the decoration and it will take you a while to stop admiring every detail.

Although this gate has been based on the seven original heritage gates that used to provide access to the walled city of Jaipur, this gate is a relatively new attraction.



Jaipur was founded on the principles of Vaastu Shastrain by Maharaja Sawai Jai Singh in 1727AD. At the time, he built a fortified city away from Amer (the former capital) with seven gates on the city walls.

The Patrika Gate is now the ninth gate of Jaipur and was named after a local news company called Patrika. It was constructed and opened to the public in 2016. **Source: Rajesh Sharma**

Amazing to know

NAGINA MASJID
CHAMPANER, GUJARAT

The use of arches and hence domes, introduced to Indian architecture quite late, was a revolutionary development. It made possible large rooms not crowded with pillars. It also allowed the construction of large openings, such as this one in a tomb located next to the mid-15th century Nagina Masjid. The four large arched doors of this tomb open to verdant views on all sides.

The ornamentation of the Nagina Masjid and its adjacent tomb includes many motifs that have their origin in ancient Indian traditions. The lotus, a symbol of purity, finds pride of place among these, and can be seen carved in many different forms. These include lotus medallions on either side of the arches, bands of half-lotuses (ardhapadma), and lotus panels (padmajala). Another prominent motif is the blind jharokha or niche carved above the arch, which in a temple would normally have contained the image of a deity, but here contains a vegetal motif.

Contribution: ILF Expert Swapna Liddle

Amazing to know

On Buddha Jayanti day, remembered this picture I took in 2019 of the **Kandiyur Temple near Mavelikara, Kerala**. Though dedicated to Siva, it is believed this was originally a Buddhist shrine. The early twentieth century discovery of an image of the Buddha buried in a field nearby seems to lend force to the suggestion. The retrieved Buddha now sits in Mavelikara at a traffic junction, regularly garlanded and receiving homage through the occasional coconut-smashing by locals and visitors.

--Manu S. Pillai
Historian, Writer

Bhuli Bhatiyari is considered to be The Most Haunted place in Delhi. As you advance a few hundred meters on an almost hidden small road, a strange structure will cast a spell on you. It is a 14th century former hunting lodge, built by Firoz Shah Tughlaq. Its location, combined with the many haunted stories attached to it, gives a strange and unsettling vibe ....

Sources: Katerinas Asian World

Cuisine

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Coorg Recipe

- 1/2 kg wild mangoes (If wild mangoes are not available, try this curry with any mango you like. If the mango is very sweet , add a little tamarind extract to provide the sour element)
- Prepare the mangoes by washing them free of any resin and slicing off a small section where the stem is attached. Make two cuts on either side of the kernel to make three pieces of each mango. If the mango has an unusually large seed that doesn't allow for slicing, peel the mango and reserve the skins. Add some water to the collected skins and squeeze out as much juice as you can. Strain and use the liquid in the curry.

Kaad Maange Curry

RECIPE BY:
SHALINI NANDA NAGAPPA

- 2 medium onions, finely sliced
- 3-4 green chillies, slit
- 3-4 cloves garlic,lightly crushed
- 1/2 tsp turmeric
- 1/2 tsp red chilli powder, or to taste
- 1 tsp mustard seeds
- One sprig curry leaves
- Salt to taste
- 3-4 tbsp jaggery, or to taste
  (add more or less, depending on how sour the mangoes are)
- 3-4 tbsp oil
- Grind together

- 1 tbsp dark roasted coriander seed
- 1 tsp dark roasted cumin
- 1 tsp mustard, roasted until it sputters
- A few peppercorns, lightly roasted

Heat the oil in a deep pan, kadhai or wok and sputter the mustard. Put in the garlic and when it begins to brown, add the curry leaves and green chillies. Saute' briefly, then add the onions and fry till they soften and just start to brown.

Add the mangoes, turmeric, chilli powder and the ground roasted spices and stir to mix. Add 2 cups of hot water (or enough to cover the mangoes) and bring to a boil. Simmer for 5 minutes, then add salt and cook on medium heat for 10-15 minutes, or until the sauce has thickened and the mangoes are tender.

Add the jaggery and simmer for a few more minutes. Check the sweet/sour balance.

Best eaten with steamed rice.

Follow the same recipe for pineapple curry.

in & around KOCHI

Centre for Cultural Studies
University of Kerala

Webinar series
Cultural Studies in/of Keralam: Politics, Praxis, Methods

Lecture 13 of 24 — *11 July 2021, 6.30 pm*

Folkloristics: Pitfalls of discipline formation
ഫോക്‌ലോർപഠനം: വിഷയ രൂപീകരണത്തിലെ ചതിക്കുഴികൾ

K. M. Anil
Professor and Director, School of Ezhuthachan Studies, Malayalam University

Respondents

P. Ranjit
Ph.D in Folklore Studies
Author of 'മലയാളിയുടെ ഭൂതകാലങ്ങൾ - ഓണവും സാമൂഹ്യ ഭാവനാലോകവും'

E. Dineshan
Department of Archaeology
Research on 'കാവും സമൂഹരൂപീകരണവും'

The programme is conceived of as a series of 24 fortnightly talks followed by critical responses. All are cordially invited. For participation, contact ***centreforculturalstudiesuok@gmail.com***
Meena T. Pillai, Director, Centre for Cultural Studies

Dakshina Chitra

Tales from Museums The series

Reimagining Museums:
Curating Pattanam Archaeological Site into a Knowledge Hub and Living Museum

A Talk by Dr. P. J. Cherian
Archaeologist | Director of the Pattanam excavations and explorations & Director of PAMA Research Institute

Moderated by Pradeep Chakravarthy
Historian | Advisor of DakshinaChitra

Live on Zoom
Meeting ID: 828 8236 2344
06:00 PM - 07:00 PM
July 15, Thursday

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styling spaces

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EAT HEALTHY, GO HOMELY
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Fish (Tuna/Sardine)
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Pork
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Sweetlime
Garlic
Quail Egg

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